Thank you for your generosity! For questions, contact our volunteer coordinator at volunteer@newmoms.org or 773.252.3253 x 135.

**FOOD DRIVE ITEMS**

All items on this list are given directly to the families in our programming. Please only give **new, unopened, and unexpired** items. Thank you!

<table>
<thead>
<tr>
<th>Canned Items (w/ pull tabs):</th>
<th>Boxed Foods:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Canned fruit &amp; vegetables</td>
<td>• Box meals (Hamburger Helper, etc.)</td>
</tr>
<tr>
<td>• Canned pastas (Spaghetti-O’s, Ravioli)</td>
<td>• Baking mixes</td>
</tr>
<tr>
<td>• Canned beans/baked beans</td>
<td>• Dry cereal</td>
</tr>
<tr>
<td>• Soups (chicken noodle, tomato)</td>
<td>• Mac N’ Cheese</td>
</tr>
<tr>
<td>• Canned chili</td>
<td>• Potatoes</td>
</tr>
<tr>
<td>• Canned proteins (tuna &amp; chicken)</td>
<td>• Oatmeal</td>
</tr>
<tr>
<td>• Broth</td>
<td>• Pancake mix</td>
</tr>
<tr>
<td>• Emfamil baby formula</td>
<td>• Ready-to-eat rice (Instant Rice)</td>
</tr>
<tr>
<td>◦ <strong>Infant - yellow can</strong></td>
<td>• Spaghetti</td>
</tr>
<tr>
<td>◦ <strong>Gentlease - purple can</strong></td>
<td></td>
</tr>
<tr>
<td>◦ <strong>A.R. - salmon can</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Condiments:**
- Mayonnaise
- Ketchup
- Jelly or Jam (strawberry & grape)
- Peanut butter
- Spaghetti sauce / alfredo sauce
- Honey
- Seasonings
- Pickles

**Boxed Foods:**
- Box meals (Hamburger Helper, etc.)
- Baking mixes
- Dry cereal
- Mac N’ Cheese
- Potatoes
- Oatmeal
- Pancake mix
- Ready-to-eat rice (Instant Rice)
- Spaghetti

**Snacks / Beverages:**
- Chewy bars / granola bars
- Applesauce cups / pudding cups
- Baby juice / Pedialyte, Juice drinks
- Nursery water (for mixing baby formula)
- Cheez-Its / crackers
- Cookies
- Cheese & cracker dipping packs
- Pretzels
- Trail mix
- Fruit snacks
- Soy/almond milk
- Instant / Cold Brew coffee

**Other:**
- Grocery store or credit gift cards
- Ziplock bags

Please drop-off donations between 9am-5pm, Monday-Friday at our Chicago location: 5317 W. Chicago Ave., Chicago, IL 60651