

# FOOD DRIVE ITEMS

All items on this list are given directly to the families in our programming. Please only give **new, unopened, and unexpired** items. Thank you!

## Canned Items (w/ pull tabs):

- Canned fruit & vegetables
- Canned pastas (Spaghetti-O's, Ravioli)
- Canned beans/baked beans
- Soups (chicken noodle, tomato)
- Canned chili
- Canned proteins (tuna & chicken)
- Broth
- Emfamil baby formula
  - **Infant - yellow can**
  - **Gentlease - purple can**
  - **A.R. - salmon can**

## Condiments:

- Mayonnaise
- Ketchup
- Jelly or Jam (strawberry & grape)
- Peanut butter
- Spaghetti sauce/alfredo sauce
- Honey
- Seasonings
- Pickels

## Other:

- Grocery store or credit gift cards
- Ziplock bags

## Boxed Foods:

- Box meals (Hamburger Helper, etc.)
- Baking mixes
- Dry cereal
- Mac N' Cheese
- Potatoes
- Oatmeal
- Pancake mix
- Ready-to-eat rice (Instant Rice)
- Spaghetti

## Snacks / Beverages:

- Chewy bars/granola bars
- Applesauce cups/ pudding cups
- Baby juice/Pedialyte, Juice drinks
- Nursery water (for mixing baby formula)
- Cheez-Its/crackers
- Cookies
- Cheese & cracker dipping packs
- Pretzels
- Trail mix
- Fruit snacks
- Soy/almond milk
- Instant/Cold Brew coffee

**Please drop-off donations between 9am-5pm, Monday-Friday at our Chicago location: 5317 W. Chicago Ave., Chicago, IL 60651**

**Thank you for your generosity! For questions, contact our volunteer coordinator at [volunteer@newmoms.org](mailto:volunteer@newmoms.org) or 773.252.3253 x 135.**