



ANNUAL REPORT

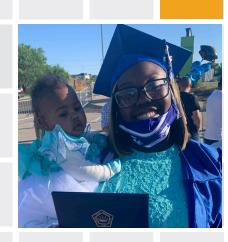




This year New Moms partnered with **284** moms and their **379** children:

THAT'S **663** LIVES IMPACTED BY THE NEW MOMS MISSION!





Dear Friend,

The vision of New Moms is to see every young family thrive. As we stepped into Fiscal Year 2022, with the launch of our Power to Thrive strategic plan, we were energized to continue building pathways to thriving futures with the young families we serve.

Thriving is more than just surviving, it is living into abundance, prosperity, and vitality in all areas of our lives. We want New Moms to be a catalyst to thriving. As we partner with young moms every day, we embrace the unlimited potential that each of them brings to accomplishing their goals, while knowing that our time with them is limited. How can we maximize this powerful partnership so that young moms can move from their time with us knowing they have developed a strong foundation for a thriving future—for themselves and their children?

In this annual report, you'll find out how we've taken steps to answer this important question.

We've **deepened** our model with the use of technology and integration of brain and behavioral science-based practice, leading to greater goal achievement from participants in our programs.

At the beginning of 2022, we **expanded** our programming with the launch of our Academic Coaching program, making a targeted investment in the postsecondary persistence and achievement of young moms as they pursue goals around academic success and economic mobility.

And we launched The Hub @ New Moms. Through **sharing** our model, one that is deeply committed to serving families in Chicagoland, we are leading transformation in the human services sector and championing an asset-based, participant-centered approach to direct services that is supporting the thriving of families throughout the nation!

These areas of intentional growth are built upon the foundations that have been laid for almost four decades. Our community of support, including donors, volunteers, staff, and participants, are imperative to making this work possible. I am incredibly grateful for your commitment to the mission of New Moms as we seek to build a future where every young family can thrive.

With Gratitude,

Haura zumdahl

Laura Zumdahl, Ph.D.
PRESIDENT & CEO



New Moms APP

In early 2022, we piloted a new supportive coaching technology, the New Moms App! After two years of planning, discovery work, and partnership with the behavioral health software developer, Ayogo, the New Moms App is now part of the suite of tools we use in our coaching to accelerate young moms' goal achievement.

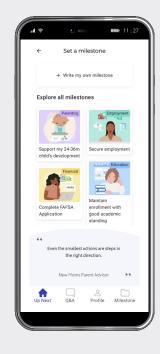
The New Moms App is grounded in our belief that young moms have the skills and strength they need to achieve their goals. The app is built to:

- · Center on mom's goals,
- Track, nudge, and accelerate mom's goal progression,
- Redistribute power in the coaching relationship so moms are in the driver's seat,
- Incorporate brain and behavioral science, and positive youth development principles,
- Decrease data-entry challenges of coaching and improve efficacy.

Our App includes both a platform for young moms enrolled in our programs and a coach dashboard that supports and accelerates the impact of New Moms' goal-based coaching.

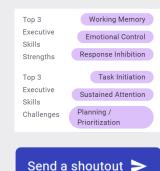
It integrates strong user interface/user experience design and the five core elements of New Moms' Executive Skill Coaching approach in support of our main objective: family goal achievement.

This new technology **puts power in a mom's hands** as she takes control of her goals for a thriving future! Thank you for being a part of making this happen!



Participants can create a Milestone Library to explore, set, and track milestones.

The app sends regular encouraging quotes to motivate participants.



The dashboard features participants' individual **Executive Skills** and coaches can send participants a **shoutout** from the dashboard!



LAUNCHING The Hub @ New Moms

Leading a transformation in the human services sector so that every young family thrives

New Moms is a human service organization that thinks differently about our work, our community, and what it means to thrive. We know that people can achieve the goals they set for themselves when they have agency in their own lives and when their expertise and strength is recognized.

We are investing in new strategies for serving families and challenging the traditional approach of human service programs. For decades, most human services have been transactional in nature—placing case managers, and the programs themselves, in a position of power—deciding what services are needed and what success looks like for someone else. This reinforces harmful narratives and decreases an individual's feelings of autonomy, belonging, and power.

In January of 2022, New Moms launched a new social enterprise called The Hub. The Hub provides training and technical assistance for partner agencies and funders who want to strengthen relationships and outcomes by harnessing brain and behavioral science insights.

Hub partners learn from our four decades of experience in engagement with young moms and their children, paired with emerging brain and behavioral science insights that infuse our organization's mindset and practice. Our Executive Skills Coaching framework centers on the goals young people set for themselves, often focused on housing stability, economic mobility, and family well-being. While our core programs are designed for this unique two-generation population, our mindset and approach are applicable across human services.

The Hub @ New Moms is leading a transformation in the human services sector—improving the quality of program design and practice, so individuals and families have the power, relationships, skills, and tools to achieve their goals.

To learn more about how New Moms is pursuing our vision to see every young family thrive, go to **newmoms.org/the-hub/**



"I really appreciate how the trainers guide us in reflecting on our own executive skills and how those skills affect our behaviors and impact on goal progression. AND, probably more importantly, [it] normalized how we all (from clients to executives) have areas that may need more support, and that the goal is to work off of our strengths to succeed versus changing who we are."

- Program Manager, attended Executive Skills workshop, 4/22



Academic **COACHING**

In January 2022, New Moms launched our **Academic Coaching program**, an intentional investment in the postsecondary persistence and achievement of young moms. As we partnered with participants on their journey to build strong foundations for thriving futures, we saw the critical need to provide support and open pathways to educational achievement. The long-term impact will have lasting, positive influence on families and communities—leading to more mothers of color graduating from postsecondary programs and working in family-sustaining, living-wage jobs.

Currently, only 8% of single mother students in Illinois complete an Associate degree within six years. Additionally, one in three black women in college—who are already underrepresented in higher education due to systemic barriers—are single parents.¹

This pilot program completed one semester of support with 14 young moms succeeding and continuing to the next semester. Our team has recruited more young moms for the fall semester and will engage a total of 25 young moms in this program. While in this program, young moms will receive monthly stipends, childcare support, and individual/group coaching (among other services) as they pursue their degrees.

Our Academic Coaching pilot program will be evaluated by Chapin Hall at the University of Chicago over the next three years. We are excited to contribute to a national conversation on how to support young moms as they pursue degrees and lead the way alongside our participants in building pathways for thriving futures!

Mikah learned about the Academic Coaching program from her New Moms Family Support coach. She was accepted into the program and began in the summer of 2022. Being a part of the Academic Coaching program has supported her as a student parent and helped her balance work and school.

"Without the Academic Coaching program, I would have dropped out to work." While in the program, she has learned about employee rights, ways to study, financial literacy, and parenting. "I put this teaching to use and it has given me strength to continue to go to school! I feel that without their help I wouldn't be as far in my academic career as I am now...Having people like New Moms back me up and help to validate everything is major for me."





66 young moms obtained permanent employment.

¹https://iwpr.org/wp-content/uploads/2020/08/Illinois.pdf

Bright Endeavors Grows to Support Expanding JOB TRAINING PROGRAM

Bright Endeavors, our social enterprise home fragrance company, is a critical component of New Moms' Job Training program and exists to provide on-the-job training and professional skill development for young moms.

In fiscal year 2022, the Bright Endeavors and Job Training teams finished the year at pre-pandemic enrollment numbers—21 production assistants in a cohort! We provided **21,000 hours of job training, and 66 young moms were placed into jobs after graduating from our program.**

The program expanded to include certificate training in manufacturing, entrepreneurship, customer service and sales, and partnered with Touch Gift Foundation to provide adult education onsite for moms that want to earn a GED!

Bright Endeavors achieved one of its biggest accomplishments yet—they celebrated their most profitable year ever! This success means that more moms will be served through our Job Training program, ultimately leading them to economic mobility for themselves and their children.

With this growth, we are thrilled to share that in August 2022, Bright Endeavors and the New Moms Job Training and Academic Coaching programs **moved to a new, larger location** at 627 N. Albany Ave. in the East Garfield Park neighborhood of Chicago. This move will allow our Job Training program to expand by 30% over the next three years and allow for more growth for Bright Endeavors manufacturing! Our Grand Opening celebration was held on October 14, 2022, to memorialize this special milestone.

We can't achieve this success without the support of our community of donors, staff, volunteers, and production assistants. Thank you!



52% of young moms retained employment for 12+ months, despite the COVID-19 pandemic, which resulted in significant job loss (compared to the national average of 39%).

118 Milestones Achieved by Young Moms This Year!

Milestones are big, effortful, quarterly goals such as getting a job, securing an apartment, or saving for a car. By working with coaches and leveraging their Executive Skills strengths, young moms take powerful steps to reach their dreams.



Gratitude for the **GENEROSITY** of our Community!



This year we were bolstered by the support of generous donors and funders who stepped up and invested in the thriving futures of young moms and their children. Every fundraising campaign was embraced enthusiastically and many invited their personal networks to become supporters of New Moms mission.

It can't be stated enough—it takes the collective generosity of a community to ensure young moms and their children have the support they need to thrive. When young moms build strong families, they lead the way to creating strong and thriving communities. Thank you for your support!



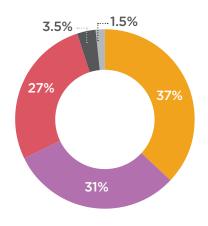
84% of young moms exited New Moms to stable housing (surpassing the national benchmark of 64%).

Revenue	FY22 (JULY 1-JUNE 30)
Kevellue	

Contributions & Foundations	\$3,124,769
Government Contracts & Grants	\$2,786,102
Program Revenue (Bright Endeavors & Housing LLCs)	\$1,198,226
Debt Forgiveness	\$310,827
Other Income	\$137,120
TOTAL REVENUE	\$7,557,044

Expenses

Personnel	\$3,843,595
Operations	\$805,727
Facilities	\$431,526
Cost of Goods for Bright Endeavors	\$367,268
Participant Expenses	\$427,320
Housing LLCs	\$475,146
Depreciation and Amortization	\$511,087
Other	\$2,402
TOTAL EXPENSES	\$6,856,542
EXCESS OR DEFICIENCY OF REVENUE OVER EXPENSES	\$700,502*



Expenses by Program

- Job Training
- Family Support
- Housing
- Administration
- Fundraising

*NOTE: While there was an increase of almost \$1.5m in revenue, expenses increased \$800k from the previous year. Surplus reflects 1) an increase in Government Contracts of \$600k from previous year. 2) An increase of \$378k in Contributions (Individuals, Businesses, Churches, and Donor Advised Funds). 3) Foundations had an increase of \$500k, note that some are multi-year grants, and the payments will not be received until FY23 and/or FY24.

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