


PARENTING WORKSHOPS

December 2019


**FREE workshops for families with children 0-6 years old
@ the New Moms Oak Park Center**



A Special Parent Creativity Workshop
Share Your Story
Tuesday, December 10 | 9:30-11:30 am
@ New Moms Oak Park Center



How to Choose Childcare
Tuesday, December 17 | 10-11:30 am
@ New Moms Oak Park Center

 Collaboration for Early Childhood
FAMILY ENGAGEMENT



Potty Training 101
Saturday, December 14 | 10-11:30 am
@ New Moms Oak Park Center

 Collaboration for Early Childhood
FAMILY ENGAGEMENT



Morning Parent Meet Up
Every Mon. & Thurs. | 8:30-11:30am

Spaces are limited so sign up today at www.newmoms.org/op-workshops or contact Wendy Giardina at OakParkPrograms@newmoms.org.

Parenting Workshops | December 2019

Share Your Story - A Special Parent Creativity & Connection

Tuesday, December 10 | 9:30-11:30am @ 206 Chicago Ave.

Storytelling is often a part of raising children. We read our children stories to help them learn, grow, or just fall asleep. But do you ever tell your children the story of who they are and where they come from? At December's Parent Creativity Workshop, we'll explore our creative side by writing poems to help tell this story to our children. Don't worry if you don't think of yourself as a poet. All are welcome! There will be special papers, pens, and other decorative accessories to make your poem a gift that your children will always treasure. You can also:

- Bring along a project you've been intending to finish
- Work on seasonal project that we provide
- Or make another poem using your child's information!

Potty Training 101

Saturday, December 14 | 10-11:30am @ 206 Chicago Ave.

Is potty training one of your resolutions for 2020? Join presenters Sara Valaika and Rosalind Parker for this workshop to learn:

- What the potty transition is like from a child development perspective
- Practical approaches and "how tos"
- The answers to YOUR questions and resources to take home

Choosing Child Care that is Right for Your Family

Tuesday, December 17 | 10-11:30am @ 206 Chicago Ave.

There is a lot to consider when you are choosing childcare! Get your questions answered by joining our panel of Early Childhood experts as they outline these points to consider when choosing the best fit for your family.

- The difference between "Preschool," "Day Care," "Nursery School," "Early Learning Program," etc.
- How to evaluate different programs, level of staff training, and health/safety protocols
- Ways to determine what learning style is the best fit for your child/family

Morning Parent Meet Up

Every Monday & Thursday | 8:30-11:30am @ 206 Chicago Ave.

While you have free time in our sunny meeting room, your children (8 weeks - 6 years old) can learn and play in our developmentally appropriate indoor and outdoor spaces!

- Work or complete online errands
- Relax and chat with other parents/caregivers
- Receive personalized information to support you on your parenting journey

Each session is \$25 per visit for one child or \$30 for two or more children. Scholarships are available to those who qualify. Sign up today for your FREE first visit and tour!

This workshop is FREE and a limited number of FREE onsite child care spaces are available - sign up today at www.newmoms.org/op-workshops!